



Bed Bug Control

CLIENT PREPARATION CHECKLIST

For our company to provide the most effective service possible, we ask you to review and complete all the necessary steps listed below.

Your technician will verify completion upon arrival. Failure to complete the following checklist items may delay the treatment and void any guarantees, if applicable. You may see live bed bugs for up to 2 weeks after the initial service, which is normal. Your technician may provide additional instructions or suggest less preparation based on the infestation level.



Checklist:

- Remove all electrical wall plates, phone jack plates, and light switch covers in bedroom(s).
- Remove all bedding (sheets, pillow covers, comforters, etc. from your mattress and box spring), place in bags, and take to the laundry room only when they can be placed directly into the washing machine using hot water and then place in the dryer. Refer to laundry directions section below.
- Pick up clothes off the floor and other areas and place them in bags to be laundered as per laundry directions below.
- Articles under the beds provide an ideal place for bed bugs to hide. All clothing around the room must be bagged and laundered. All objects stored under the bed should not be moved as bed bugs may be relocated into other areas.
- Access to the perimeter of the room is essential for successful treatment. Move all furniture items 12 inches away from the walls to allow access to the baseboards around the entire room.
- Clothing within bedside nightstands or stored close to beds (within 5 feet of the bed) should be bagged and laundered. You do not need to remove clean clothing or other items from inside dressers and closets located more than 5 feet away from the bed unless these items are clearly infested (visible bed bugs) or as directed by your technician.
- When a spray is applied inside your residence, you and your pets will be required to vacate the premises. Typically, a 4-hour window is sufficient, however, your technician will advise you at the time of service or leave an information notice at your premises. Persons with underlying health conditions should consult their family physician should they have a concern regarding re-entry time. Upon re- entering, please open the windows for 20-30 minutes.
- Fish aquariums may be left on site; however, they must be covered, and air filters disconnected during service.

Laundry Directions

- 🐛 All garments must be laundered in hot water (>60°C or > 140°F) or placed in a dryer on the highest setting for a minimum of 30 minutes (>60°C or >140°F). The dryer must be capable of reaching a temperature of >60°C and not be loaded to more than 50% capacity. All laundered items must remain out of the treatment area during service.
- 🐛 Clothing and fabrics associated with beds/sofas cannot be treated with pesticides due to prolonged contact with skin. This step is crucial and necessary to ensure the treatment program does not fail with the re- introduction of bed bugs from infested clothing.

Post-Treatment Actions to be Performed by the Resident

The first follow-up service will occur approximately 7-14 days after the initial treatment. To reduce the amount of prep work, we advise you not completely reassemble your home until the follow-up service is complete. These accompanying measures should be taken during the period between the initial and follow-up services:

- 🐛 Do not introduce any new or used furniture or any other potentially infested items not previously in the unit.
- 🐛 Do not store objects under the beds.
- 🐛 Avoid moving in any new occupants in the apartment unit or house that was not previously occupying the unit.
- 🐛 Mattress encasements are available for purchase through A&A Client Care and our technician can assist with the installation during the initial service or the first follow-up visit.

Future Prevention Against Bed Bugs

- 🐛 When traveling outside and within the country, always inspect hotel rooms to ensure they are free of bed bugs. Inspect the bed, box spring, and mattress, paying close attention to the mattress piping, plastic protective caps for the box spring, and the headboard. When returning home, bag and launder all clothing and be sure to inspect suitcases for bed bugs – this stage is preferably done outside or in a garage.
- 🐛 Periodically perform an inspection of your home focusing on the sleeping quarters and inspecting the bed and furniture close to the bed. Never open the box spring or mattress encasement covers. Bed bugs hide in cracks and crevices and prefer wood and fabric surfaces and are found most often in these areas.
- 🐛 Bed bugs are highly mobile but typically remain close to the host. They are generally only active at night to avoid detection. However, they can be found during the daytime when inspecting areas where they like to hide.