



# Bed Bug Treatment

## RESIDENT PREPARATION SHEET

For our company to provide the most effective, safe service possible, we ask you to review and complete all the necessary steps listed below.

### Prep Checklist

- Remove all bedding (sheets, pillow covers, comforters, etc. from your mattress and box spring), place in bags, and take to the laundry room only when they can be placed directly into the washing machine using hot water and then place in the dryer. Refer to laundry directions section below.
- Pick up and bag clothes and other items off the floor within 2 to 3 feet around the bed or sleeping area.
- Remove all personal items or bedding from the sofa(s), chair(s) or recliner(s), properly place in bags and launder, if applicable.
- Remove all electrical wall plates, phone jack plates, and light switch covers in bedroom(s).
- Access to the perimeter of the room is essential for successful treatment. Move all furniture items 12 inches away from the walls to allow access to the baseboards around the entire room.
- If recommended for follow up visit - Clothing within bedside nightstands or stored close to beds (within 5 feet of the bed) should be bagged and laundered. You do not need to remove clean clothing or other items from inside dressers and closets located more than 5 feet away from the bed unless these items are clearly infested (visible bed bugs) or as directed by your technician.

### Reminders Before & After The Treatment

- DO NOT** self-treat before or after the service.
- DO NOT** use cleaning products near areas that have been treated, as this will decrease the effectiveness of the treatments.
- When a spray is applied in your home, **you and your pets will be required to vacate for a 4-hour window** once the treatment begins.
- Fish aquariums may be left on-site. However, they should be covered, and air filters disconnected.
- In areas inspected or treated, articles or furniture may be moved by your technician.
- Do not introduce any new or used furniture or any other potentially infested items not previously in the unit.
- Avoid moving in any new occupants in the home until the bed bug infestation is eliminated.
- When returning home from traveling, we recommend you launder all clothing and inspect suitcases for bed bugs – this stage is preferably done outside or in the garage.



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## ADDITIONAL INFORMATION

The following guidelines provide steps for laundering, using mattress encasements, and follow-up services to ensure treatments are effective and help prevent future infestations.

### Laundry Directions

- 🐛 All garments must be laundered in hot water (>60°C or > 140°F) OR placed in a dryer on the highest setting for a minimum of 30 minutes (>60°C or >140°F). The dryer must be capable of reaching a temperature of >60°C and not be loaded to more than 50% capacity. All laundered items must remain out of the treatment area during service.
- 🐛 Clothing and fabrics associated with beds/sofas cannot be treated with pesticides due to prolonged contact with skin. This step is crucial and necessary to ensure the treatment program does not fail with the re- introduction of bed bugs from infested clothing.

### Mattress Encasements

- 🐛 If mattress or boxspring encasements are already installed, **DO NOT** open them before or after a treatment.
- 🐛 If existing mattress or boxspring encasements have been torn or compromised, we recommend removal and having new ones installed.
- 🐛 Mattress encasements are available for purchase through A&A Client Care and our technician can assist with the installation during the initial service or the first follow-up visit.

### Follow Up Services

- 🐛 Depending on the level of bed bug activity, follow up services may be required and will be coordinated by our awesome A&A Pest Control office team.
- 🐛 Typically, the first follow up service will occur approximately 10-14 days after the initial treatment.
- 🐛 To reduce the amount of prep work, we recommend you no completely reassemble your home until the follow-up service is complete.
- 🐛 Your technician may provide additional preparation instructions based on the infestation level.
- 🐛 As a precautionary measure, we recommend you periodically perform an inspection of your home focusing on the sleeping quarters and inspecting the bed and furniture close to the bed.